

## **NOVEMBER 2022**

## Family Child Care Professionals of South Dakota, Inc

to empower family child care providers and achieve high quality care for all South Dakota children

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# **Training Opportunities**

Heartsaver Adult/Child and Infant CPR - Mitchell - Free Saturday, November 12th 8:30am - noon CHILD Services 605-312-8390 or 1-800-235-5923 Program health and safety.

Supporting Foster Children in Childcare Classroom - Sioux Falls Monday, November 14th 6:30pm-7:30pm Register with Sandford CHILD Phone: (605) 312-8390

Learn how to best support foster children in your classroom. Hear from interviews with a child protection worker, foster parent, and a childcare director who has worked with foster children in the past to gain tips and strategies.

"Let Go & Empower Children" WOW Conference
Members of FCCPSD can use code FAMILY23 for a discounted rate.
Deadline to register is January 20th, 2023.
January 28th, 2023 8:00-4:00pm
Location- Washington Pavillion in Sioux Falls, South Dakota
Register https://siouxfallswow.weebly.com/

This years presenter is Denita Dinger, the conference will be focusing on embracing child led play, rethinking your discipline policy, and listening to children and empowering them.

For more training opportunities in person or online in your region go to dss.sd.gov/childcare/educationalopportunities

# **Activity Ideas**

#### Sewing/Stitching

For this activity I used plastic needles, buttons, thin yarn, and some fabric pieces. From there it was up to the child if they added buttons, sewed their fabric into a ball or folded up. This was great as a provider to see just how different everyone's project turned out to be, which kids had a plan, and which kids struggled to understand going in and out through different sides of the fabric. As children get older you can advance the skill to drawing a letter on the fabric and they can sew the letter. This is often done in Montessori classes with an embroidery hoop to hold the material better.







### **Everyday Objects**

I absolutely love finding every-day objects and using them as learning tools. My grandmother bakes cakes, and a lot of them, every few months she brings me a garbage bag full of boxes and my daycare kids always find something fun to do with them, patterns, building, sorting by flavor, making a grocery store. Everyday items can be the most versitile!

## Lakeshore

In September at our Steering Committee meeting FCCPSD met with a representative at Lakeshore and we partnered to do a quarterly giveaway of a gift card!

To be entered to win you must open and read the newsletter! Simple as that! Our email system is able to tell us who opened to read the newsletter and we will take that list of names for the drawing.

Once the winner has been selected, someone from FCCPSD will get in contact with you and let you know, then we will announce the winner in the following months newsletter.



# Business Side of Family Childcare - Receipts

The majority of people don't start thinking about their taxes until April first. Over the years, I have found it so much easier to try to keep up each month with my receipts, income, mileage, and hours spent working. Seems like as the year goes by, I misplace receipts, forget about important items, or just get in a hurry and overlook big items that, added up, can cost you on your taxes.

My first piece of advice is to invest in QuickBooks or a Calendar Keeper from Redleaf Press (both are tax write-offs). I also put all of my receipts in an envelope until I have entered them into my recordkeeping. Once they are entered, I put them in a manila envelope to save for the appropriate amount of time.

Another thing I do that has helped me is to look over your checking account statement or your credit card statement. When ordering online, the business doesn't always send a paper receipt but will email one instead. I try to keep all my emailed receipts in a folder on my email, but many get missed.

Even though recordkeeping is one of the least favorite things to do, an hour every couple weeks going through receipts and entering the information can save you a lot of money at tax time.



# Adding to Your Outdoor Space

Outdoor environments are going to look different from program to program. Rusty Keeler, author of *Seasons of Play*, has six tips for taking your outdoor space to the next level.

- 1. Connect with your core values for outdoor play
- 2. Reflect on your own childhood outdoor play experiences
- 3. Add loose parts to your outdoor space
- 4. Plant Abundantly
- 5. Build a mud kitchen
- 6. Get outside with the children

These six tips will get you thinking about your outdoor space, start by thinking about what is important to you and what you want the children in your care to experience. Then think about how you can make that happen! The best thing is, kids don't need the biggest most expensive items, they love simple items like buckets, hoses, cones, and other open-ended items.

Included are some pictures of children playing with buckets. I challenge you, as your first step, to add buckets to your outdoor space and wait for the magic to happen.





## Banana Oat Squares

### Ingredients

- 4 medium bananas
- · 2 cups rolled oats
- 6 tbsp peanut butter



#### Instructions

- 1. Mash bananas and combine with oats and peanut butter.
- 2. Spread into 9x13" baking pan and bake at 350° F for 20 minutes.
- 3. Cut into 8 portions.

Serving Size: 1 square Total Servings: 8

Components: grains, fruit

Find this recipe and more at cacfp.org under the recipe tab.

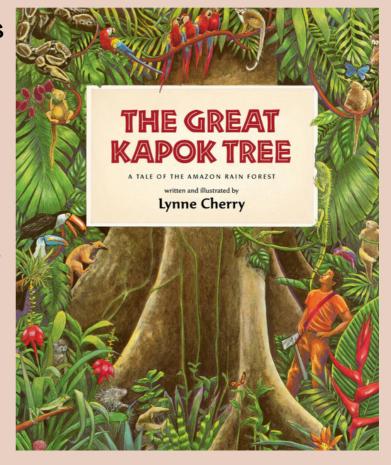


### **Children's Book**

# The Great Kapok Tree By Lynne Cherry

Lynne Cherry wrote in her book, "I wrote The Great Kapok Tree to let the world know that happens to the rain forest creatures and to the entire planet when rain forests are destroyed."

The story is about a man who goes into a rain forest to chop down a tree, takes a nap, and as he does animals come down to plead with him to save the tree and their home, the rainforest. Beautifully illustrated with vibrant colors this book is a must when talking about the environment.





# Child Care Data from Child Care Aware of America

### State Fact Sheet: SOUTH DAKOTA



CHILD CARE SUPPLY INFORMATION*	
Number of Licensed Centers	275
Total Capacity (Slots) of Licensed Centers	25,447
Number of Nationally Accredited Centers	5
Total Capacity (Slots) of Accredited Centers	715
Number of Licensed Family Child Care (FCC) Programs	395
Total Capacity (Slots) of Licensed FCC Programs	4,699
Number of Nationally Accredited FCC Programs	0
Total Capacity (Slots) of Accredited FCC Programs	0
Number of School Age Only Programs	144
Total Capacity (Slots) of School Age Only Programs	18,893
Total Capacity (Slots) for Infants	NR
Total Capacity (Slots) for Toddlers	NR
Total Capacity (Slots) for Preschoolers (4 year old)	NR
Total Capacity (Slots) for School-Age Children	NR
QUALITY RATING AND IMPROVEMENT SYSTEM (QRIS) INFORMATION	
Name of QRIS	NA NA
Number of Centers Participating in QRIS	NA
Total Capacity (Slots) of Centers Participating in QRIS	NA NA
Number of Centers at Highest QRIS Level	NA
Total Capacity (Slots) of Centers at Highest QRIS Level	NA NA
Number of FCCs Participating in QRIS	NA
Total Capacity (Slots) of FCCs Participating in QRIS	NA NA
Number of FCCs at Highest QRIS Level	NA.
Total Capacity (Slots) of FCCs at Highest QRIS Level	NA NA
Number of School-Age Programs Participating in QRIS	NA
Total Capacity (Slots) of School Age Programs Participating in QRIS	NA NA
Number of School-Age Programs at Highest QRIS Level	NA
Total Capacity (Slots) of School-Age Programs at Highest QRIS Level	NA
CHILD CARE REFERRALS	
Total Number of Child Care Referral Requests	468
FOR MORE INFORMATION	
South Dakota Department of Social Services - Child Care Services	www.dss.sd.gov/childcare/

<sup>&</sup>quot;Information obtained from CCAoA Annual Survey of CCR&Rs and state child care agencies conducted in January 2021. The above information reflects data as of December 2020.

## **2022 FCCPSD Steering Committee**

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